



Ticks are found
in the forest or
in wild, grassy
areas; especially
alongside trails.

Ticks wait at the end
of a piece of grass
or on logs until an
animal or
person
brushes
against
them.



**Some
ticks give germs to
people and pets that
can make them sick.**

**Protect
yourself from ticks!**

When you hike, camp or
play where ticks are
found:

- Wear insect repellent
- Wear light color
clothes so ticks
are easy to see
- Wear long pants and a
long-sleeved shirt
- Tuck your pants into
your socks or boots
and tuck in your shirt
- Stay on trails

Do a tick check

After you go for a hike or every day if there are ticks where you play:



because ticks are very tiny.

Ask an adult or another person to help you with a tick check.

Check your pets very carefully, too.

How to remove a tick

1. Grab the tick close to your skin with tweezers or a tissue and pull straight out.



2. Wash where the tick bit you.

3. Wash your hands.

4. If you get sick after a tick bite you should go to the doctor.